

Chicken Breast Cordon Bleu

Ingredients

Chicken breast
Parma ham
Mozzarella
Mixed herbs
Mustard
Flour
Egg
Bread crumbs
Corn oil

Seasoning

Salt & pepper



火腿芝士釀雞胸
Chicken Breast Cordon Bleu

The Steps

Cut chicken breast into thin slices. Tap slices with back of knife to flatten them.

Smear salt & pepper onto chicken breast.

Put parma ham, mozzarella cheese, mixed herbs and mustard on one slice.

Cover the ingredients with the other slice of chicken breast, like sandwich.

Coat chicken breast with flour, egg and bread crumbs.

Pan-fry chicken breast with corn oil till golden-brown.

Done!



我家傳食譜

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