Sweet & Sour Pork

Ingredients

Pork belly Pineapple Green chillies Red chillies Yellow chillies Onions

Seasoning

The Sauce Sugar Tomato paste

Ketchup

Vinegar Corn starch

The Marinate

Meat tenderizer Light soya sauce Sesame oil Chicken powder Shao Hsing wine Salt & pepper





Cut pork belly into bite-size cubes. Add meat tenderizer.

Marinate with salt, pepper, light soy sauce, sesame oil, chicken powder, Shao Hsing wine.

Coat pork cubes with corn flour. Deep-fry till golden brown. Put aside.

Cut the green chillies, red chillies, yellow chillies, onions, pineapple into pieces.

To prepare the sauce, mix sugar, salt, vinegar, ketchup & tomato paste. Slightly dilute the sauce with water.

Stir-fry the green chillies, red chillies, yellow chillies, onions, pineapple. Add sauce. Thicken with corn flour.

Add in pork cubes. Stir-fry briefly.

A simpler life

Cooking Tips:

- 1. If you want the meat to be more tender, use pork neck instead.
- 2. The smaller the pork cubes, the more crispy they will be.

Done!