

# Chicken Shredded Mung Bean

## Ingredients

Mung Bean sheet  
Chicken  
Sesame dressing  
Parsley  
Chicken powder  
Cornflour  
Shao Hsing wine

## Seasoning

Salt & pepper  
Sesame oil



## The Steps

Cut mung bean sheet into cubes. Chop parsley.

Bring water to boil. Turn off fire & pour in mung bean sheet. Spread mung bean sheet till half-translucent. Rinse with ice water. Put aside.

Shred chicken. Marinate with chicken powder, cornflour & Shao Hsing wine. Stir-fry.

Season mung bean sheet with salt, pepper & sesame oil. Mix chicken & parsley with mung bean sheet.

Add more sesame oil & peanut sauce.

Done!



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